

## Home learning

PSED: MF&B and CLL: S

Date: \_\_\_\_\_ Name: \_\_\_\_\_

### How do different colours make you feel?

We would like you to talk to your child about different emotions and what colour is associated with each one. We would like you to make some emotions bottles. All you need is empty bottles, water, food colouring, googly eyes and felt tips. It is a complex skill for children to talk about emotions. It involves noticing feelings and what they mean. As children begin to put sentences together they are able to communicate more complex ideas; this helps them get on with other children and adults, as well as express what they think and want.



Here are some questions to ask your child:

- What colour makes you feel happy? sad? angry? joy? fear? upset?
- What colour makes you think about Christmas? your birthday? summer? winter?
- What is your favourite colour? Why?

Dear Parents,

Please complete the following questions with your child about feelings and return the sheet to school.

1. What colour makes you feel...?

happy	
sad	
angry	
scared	

2. What is your favourite colour? \_\_\_\_\_

3. When you think about the following things what colour do you think of?

summer	
Christmas	
your birthday	

4. Did you enjoy this activity? (Please circle)

Yes No Why? \_\_\_\_\_

**Parent comments:**

# Home learning

PD: M&H and M: N




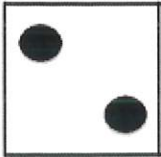



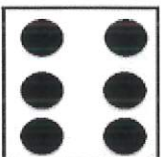
Date: \_\_\_\_\_ Name: \_\_\_\_\_

## What number did you roll on the dice?

We would like you to play a number game with a family member or other adult. All you need is a dice! Roll the dice and depending on what number you land on follow the instruction and move that way.

### Rules of the game:

- ✓ Read the number you see
- ✓ Roll the dice and move in the way shown in the table below.

					
1	2	3	4	5	6
jump	hop on one leg	clap	turn around	jog on the spot	crawl

Dear Parents,

Please complete the following questions with your child about the game you played and return the sheet to school.

1. Which numbers did you recognise on the dice? (tick or cross)

1	2	3	4	5	6

2. Which movements could you do? (tick or cross)

jump	hop	clap	turn around	jog on the spot	crawl

3. Which movement did you enjoy doing the most? \_\_\_\_\_

4. Which movement did you find tricky? \_\_\_\_\_

5. Did you enjoy this activity? (Please circle)

Yes      No      Why? \_\_\_\_\_

Parent comments: